

Thoughtful Graduation Gifts

Author – Tricia Mathis

THOUGHTFUL GRADUATION GIFTS



The dilemma: What do I give a student who is graduating from High School or college? It may be your own son or daughter, a niece or a nephew, a neighbor, a friend or a grandchild. No matter who the graduate is in your life, the search for the perfect gift can be difficult and sometimes even frustrating. I had a son graduate from high school two years ago and my daughter will graduate this year. We decided that we would give them a lap top computer for their graduations. It is something that they are going to need anyway as they head off

to college. We are practical people, but we cannot afford to give everyone we know a laptop.

Here is a list of some fun ideas to give the graduate in your life.

The sentimental gift: give something that will be a keepsake.

- A scrapbook: fill the pages with school pictures, class pictures and school activities or sports.
- A t-shirt quilt: assemble those old T-shirts into a great memory quilt
- A quilt or blanket in the schools colors
- Personalized jewelry/ watch
- “Oh the Places you will Go” by Dr. Suess

Gifts for the College bound and practical:

- Lap top computer
- Printer
- Messenger Bag/Backpack
- Bicycle (to get around campus)
- Alarm clock (iHome)
- Portable Speakers
- Noise cancelling headphones
- Monogrammed Towels
- Interview Attire
- College Apparel

Fun Gifts:

- Camera
- Luggage
- Smart phone
- Candy Bar Poster
- Gift basket

...and last but not least.

Money: give it in a fun and creative way.

- Gift cards
- Book store credit

- In a chocolate box
- In a tissue box
- In case of emergency break glass
- Money tree
- Money book

Tricia Mathis is currently the social media specialist for Wasatch County. She graduated from USU with a bachelors degree in Home Economics and Consumer Education. She taught high school and middle school for year after graduation. Since then she has been busy raising her family of six children.

Kids In The Kitchen

Author: Melanie Jewkes

KIDS IN THE KITCHEN CLASS SERIES



Some of my favorite childhood memories include standing on a stool in the kitchen helping and watching my mom cook. I remember distinct smells of vanilla being added to cookie dough or frosting and feeling excited to get my hands on one of the beaters to taste the deliciousness of something homemade.

Did you know that including your kids in the process of preparing and cooking is one of the best ways to get them to eat and try new foods? Including kids in the kitchen can be a great way to introduce your children to healthy foods AND teach them important cooking skills. Our kids need skills in the kitchen because they will have to eat food every day for the rest of their lives! So, let's get the kids in the

kitchen!

Kids in the Kitchen class series in Salt Lake area—bring your kids, get a snack and learn some tips.

July 8, 2014 | Chapman Library | 3:00 pm

July 9, 2014 | Kearns Library | 7:00 pm

July 16, 2014 | West Jordan Library | 7:00 pm

August 4, 2014 | Magna Library | 3:00 pm

August 5, 2014 | Ruth Vine Tyler Library | 4:00 pm

August 12, 2014 | Chapman Library | 3:00 pm

August 13, 2014 | West Jordan Library | 7:00 pm

August 21, 2014 | Kearns Library | 7:00 pm

September 2, 2014 | Ruth Vine Tyler Library | 4:00 pm



Melanie Jewkes is a part-time Extension Associate Professor in Salt Lake County. She has worked for USU for 6 years. The best part of her job is learning and relearning some of the things that matter most—loving and caring for marriage and family, living within your means, and growing, cooking and eating delicious (and nutritious!) food. She and her husband have two adorable children and live in Taylorsville.

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Classes for Kids (5-12)	Classes for Adults
<ul style="list-style-type: none">• Why Money?• Your Earning Power• I "Can" Spend, Save, Share• The Family Dollar—Needs and Wants	<ul style="list-style-type: none">• Money Habitudes• Raising Money Smart Kids• Budgeting 101• Raising Your Credit Score

Light dinner will be provided each week.

To register, call (801) 399-8207.

Utah State University is an affirmative action/equal opportunity institution.

Kids will learn about wants and needs, their earning power and how they can spend, save and share. Adults will become familiar with Habitudes, budgeting, raising money-smart kids and getting their credit score to rise. Classes are held on Tuesdays in Ogden. Remember they are free, but you need to register. Call 801.399.8207.