

Tips for a Safe Halloween

Today we're sharing some Halloween safety tips for you and your little ghouls and goblins. Keep track of these tips by pinning them on Pinterest.

TIPS FOR A *Safe Halloween*

S Swords, knives and other costume accessories should be short, soft and flexible.

A Avoid trick-or-treating alone. Walk in groups or with a trusted adult.

F Fasten reflective tape to costumes and bags to help drivers see you.

E Examine treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.

H Hold a flashlight while trick-or-treating to help you see and to help others see you. WALK and don't run from house to house.

A Always test make-up on a small area first. Remove it before bedtime to prevent possible skin and eye irritation.

L Look both ways before crossing the street. Use crosswalks wherever possible.

L Lower your risk for serious eye injury by not wearing decorative contact lenses.

O Only walk on sidewalks or on the far edge of the road facing traffic to stay safe.

W Wear well-fitting masks, costumes and shoes to avoid blocked vision, trips and falls.

E Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.

E Enter homes only if you're with a trusted adult. Only visit well-lit houses. Never accept rides from strangers.

N Never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.

LIVE WELL UTAH

This article was re-published from October 2015, with information taken from cdc.gov.