

Fresh Take on Salad: Look Beyond the Lettuce



A FRESH TAKE ON SALAD

GREEN BEANS | CARROT RIBBONS
SESAME CUCUMBER SALAD



LIVE WELL UTAH

Did you resolve to eat more vegetables this year? Check out these fresh salad recipes from Eat Well Utah!



Fresh Green Bean Salad



Carrot Ribbon Salad



Sesame Cucumber Salad