

# 5 Fun Fall Family Ideas

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A woman and a young girl are standing in a park, surrounded by falling autumn leaves. The woman, on the right, is wearing a dark coat and a skirt, with her arms raised in the air. The girl, on the left, is wearing a green jacket and a plaid skirt, also with her arms raised. The ground is covered in a thick layer of fallen leaves, and the background is filled with trees with vibrant orange and yellow foliage. The scene is bathed in warm, golden light, suggesting a late afternoon or early morning setting.

# 5 FUN FALL FAMILY IDEAS

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The cooling weather and changing seasons brings many opportunities to create family traditions. Family traditions

strengthen families and create lasting memories. Here are five inexpensive and fun fall family traditions:

1. Head out for a scenic drive and enjoy the beautiful changing leaves. Better yet, take a hike or have a picnic while enjoying the scenery.
2. Pumpkin bowling! Pick up a few small pumpkins at a local pumpkin patch or grocery store, set up some bottles or anything that might work for “pins” and start bowling.
3. Create a Halloween candy house. Purchase graham crackers, frosting, and Halloween candy; assemble your house anyway you would like.
4. Build a scarecrow. Scarecrows can be silly or scary. Build a scarecrow using household items and set it out in the yard.
5. Rent or purchase a Halloween movie and watch it as a family. For a yummy treat to sip on while you watch, make a batch of orange hot chocolate.

Orange Hot Chocolate: 10 Servings

Ingredients:

12 oz. white chocolate

8 cups milk

1 teaspoon vanilla extract

Orange food coloring

Peeps ghost marshmallows (optional)

Directions:

1. Coarsely chop the white chocolate, transfer to a medium-sized heatproof bowl and set aside.
2. Heat milk in a medium-sized saucepan over medium heat until bubbles begin to form at edge of surface (about 4 minutes).
3. Immediately pour heated milk over chocolate; when chocolate begins to melt, stir until combined.
4. Whisk in vanilla and orange food coloring to desired

shade. Whisk until a light foam forms on the surface.  
5. Pour and serve immediately.

Recipe from: Matthew Mead

Nikki Capener is a student at Utah State University studying family and consumer science education. She is the family consumer science intern in Box Elder County and has loved working with the Extension faculty and 4-H youth. Her experience working with Extension has been incredibly beneficial; she has learned so much while working with Ann Henderson. Her hobbies include running, cooking, sewing and making crafts.