

Easy Crochet Project : Double Thick No-Burn Hot Pad

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**DOUBLE THICK
NO-BURN
HOT PADS**



LIVE WELL UTAH

Have
you ever wanted to learn how to crochet? Or have a child who
is needing a fun and useful hands-on project? These double

thick no-burn hot pads are a great way to learn!

Hot Pad Supplies:

Crochet hook (size G), and four-ply cotton yarn (2-2.5 oz. skein). One skein makes one hot pad. Use two skeins (same dye lots) for matching set. Finished size: approximately 8" square.

Directions:

Chain 30 stitches and turn.

Row 1, front side: In the 2nd chain from the hook, single crochet in the back of the stitch. Continue this single crochet stitch to the end of the row. Chain 1 and turn.

Row 1, back side: Single crochet in back of both the stitch on the current row and the row directly below. Continue this single crochet stitch all the way back to the beginning of the row. Chain 1 and turn.

Row 2-22: Repeat row 1 back side directions down to the end, and back to the beginning of the row. Row 23, front side: Repeat current stitch to the end of row, chain 1 and turn.

Row 23, backside: Single crochet through front and back of both the stitch on current row and row directly below, and continue back to the beginning of the row.

Chain 8—(creates loop) attach at the base, tie off, weave ending and beginning tail into hot pad.



Margie Memmott has been serving families and communities for over 20 years with USU Extension in Juab County. Margie earned degrees in Family and Consumer Sciences from BYU and USU and loves to teach youth and adults valuable life skills. "What a great reward when others adopt these principles and apply the tools to improve their everyday lives." Margie and her husband Sam have four sons, three daughters-in-law and two grandsons. In her spare time she enjoys creative textiles/sewing, crocheting, music, technology, four wheeling in the 'RZR' and most of all, being with her family. Contact Margie at margie.memmott@usu.edu.